

## Sizing Tab Instructions.

Follow the steps below to ensure that you select the properly sized TGuard for your child.

- 1. Print this sheet, ensuring you have the printer scale settings set at 100%. You do not need to print in color.
- 2. Confirm that this sheet was printed at the right scale, by verifying that the ruler markings below correspond 1:1 with a standard inch ruler.



- 3. Next, cut out the triangular banner located at the bottom of this sheet, cutting at the dashed lines.
- 4. With the printed text facing outwards, place the larger side with the black line on the thumb, and wrap the banner around the middle part of the thumb (the first knuckle).
- 5. When the banner makes exactly 1 revolution around the thumb, determine the section that overlaps the left edge of the black bar. Note the marking (S, M, or L) within this section: this is the correct size for your child.

